



GVR Forum Club

Wednesdays, 9:00 to 10:00
Desert Hills Social Center

Dues: \$2.00 per year

No need for ticket or reservation.

Bring your GVR card and sign in at the door.

Weekly presentations that are mind-expanding, informative and challenging

11/6/2019 Veterans Contribution to the US

Gary Hoffman, commander of American Legion Post 66 of Green Valley will talk about the contributions of Veterans to the US and what the American Legion posts throughout the country provide for their communities.

11/13/2019 Pharmacy Chat

Laura Morehouse will tell us about specific and easy measures to take for medication safety, including how to talk to your pharmacist (with key questions to ask), how to avoid drug-drug interactions and adverse drug events, safe storage practices, and how to properly dispose of unwanted or unneeded medications.

11/20/2019 What Is the First Rock'n'Roll Record?

Much debate has occurred over what was the first rock 'n' roll record. Was it "Rock Around the Clock" or another song? We'll start with the year 1956 and working our way backwards, we'll profile some of the most important and influential recordings in rock's history and try to determine the first one.

11/27/2019 Exploring the Desert

A walk along a desert trail becomes more alive if you observe and interpret the many little stories you encounter along the way. "Are those snake holes? Is that one of those cactuses that can jump on you? How old is that saguaro? Which animal ate that cactus and how can they do that? Why is that lizard doing push ups?" These are but a few of the questions one may ask along that walk. Through photographs and video, we will explore these and other observations, which will help us understand more about the vibrant world of the Sonoran Desert.